

March is...

## Lymphoedema Awareness Month

Do you have persistent, unexplained swelling in any part of your body? **You may** have Lymphoedema.

- Lymphoedema occurs when the lymphatic system fails to function causing persistent swelling + can affect any part of the body.
- You may be born with lymphoedema (primary) or develop it (secondary) because your lymphatic system has been damaged.
- It is important to recognise the early signs of lymphoedema.
- Early treatment can help control swelling + stop it getting worse.

## LEARN THE SYMPTOMS + FIND OUT HOW TO REDUCE YOUR RISK OF DEVELOPING LYMPHOEDEMA

Contact Lymphoedema Ireland: www.lymphireland.com 0876934964